J'MEM Committee Member

Responsible organism

Organization
Comité de mieux-être de Memramcook
Website
www.jmem.ca
Mission
To create opportunities and find resources enabling people to adopt healthy lifestyles, making Memramcook a vibrant community in which to live, play, work and age well.
All the offers of the organization

Opportunity

Looking to get involved in your community? If so, the Memramcook Wellness Committee (J'MEM) is the perfect organization for you!
The J'MEM Committee works to promote the health and well-being of Memramcook residents. Our goal is to create opportunities and provide resources so that everyone can adopt a healthy lifestyle, making Memramcook a vibrant community where it feels good to live, play, work, and grow old.

Since 2011, we have been running programs that make a real difference, such as :
* Walking Club (safe winter activity at Abbey-Landry School).
* Fresh Food Program (access to affordable fruits and vegetables).
* Memramcook Community Greenhouse.
* Various Activities : Meditation, community gardens, cooking workshops, and outdoor events.

Why Join Us?
* Actively contribute to your community's quality of life.
* Share your talents (cooking, organizing, communication, etc.).
* Propose and launch new projects you are passionate about.
* Work in a friendly environment with a dynamic team.

How to Get Involved?
Whether you have a few hours a month to give or a specific expertise to share, there is a place for you!

Ready to make a difference with us? Apply now!

Language that the volunteer must be fluent in

French, English, French and English

Duration of engagement

Not determined

Recurence

Every 1 months on the 1

other information:

- **This position can accommodate veterans**
- **This position can accommodate people with limited mobility**

Location of the activities

Lieux de rencontres variants dans la région de Memramcook/ Varying meeting locations in the Memramcook area

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This offer comes from the site **https://benevolatmemramcookvolunteering.ca/**